

Monthly Schedule/Monatsplan

Month/Monat	Nov 25		
Gi/No Gi	No Gi	Gi: Jan, Feb, Apr, Mai, Sep, Okt, Dez	No Gi: Mar, Jun, Jul, Aug, Nov
Focus/Fokus Adv.	Takedowns		

Date/Datum	Day/Tag	Class/Klasse	Lesson/Lektion	Instructor	Notes/ Kommentar
03.11.2025	Monday/Montag	Fundamentals	1	Dani	
04.11.2025	Tuesday/Dienstag	Advanced - Program 2	58	Philip H.	Single Leg Counters - Slice 3
05.11.2025	Wednesday/Mittwoch	Fundamentals	9	Marcel	
06.11.2025	Thursday/Donnerstag	Advanced - Program 2	58	Dani	Single Leg Counters - Drilling/Sparring
07.11.2025	Friday/Freitag	---	---	No class	
08.11.2025	Saturday/Samstag	Jr. Fundamentals (Kids)	14	Victor, Dani	
		Fundamentals	17	Dani	Instructor meeting
10.11.2025	Monday/Montag	Fundamentals	2	Philipp L.	
11.11.2025	Tuesday/Dienstag	Advanced - Program 2	---	Dani	Open mat/sparring (all levels)
12.11.2025	Wednesday/Mittwoch	Fundamentals	10	Philip H.	
13.11.2025	Thursday/Donnerstag	Advanced - Program 2	---	Dani	Jiu-Jitsu Plus - striking (all levels)
14.11.2025	Friday/Freitag	---	---	No class	
15.11.2025	Saturday/Samstag	Jr. Fundamentals (Kids)	15	Donal, Victor	
		Fundamentals	18	Philip H.	
17.11.2025	Monday/Montag	Fundamentals	3	Philipp L.	
18.11.2025	Tuesday/Dienstag	Advanced - Program 2	59	Philip H.	Over/Under Takedowns - Slice 1
19.11.2025	Wednesday/Mittwoch	Fundamentals	11	Richie	
20.11.2025	Thursday/Donnerstag	Advanced - Program 2	59	Victor	Over/Under Takedowns - Slice 2
21.11.2025	Friday/Freitag	---	---	No class	
22.11.2025	Saturday/Samstag	Jr. Fundamentals (Kids)	16	Donal, Victor	
		Fundamentals	19	Leuvon	wrestling
24.11.2025	Monday/Montag	Fundamentals	4	Philipp L.	
25.11.2025	Tuesday/Dienstag	Advanced - Program 2	59	Victor	Over/Under Takedowns - Slice 3
26.11.2025	Wednesday/Mittwoch	Fundamentals	12	Richie	
27.11.2025	Thursday/Donnerstag	Advanced - Program 2	59	Marco	Over/Under Takedowns - Drilling/Sparring
28.11.2025	Friday/Freitag	---	---	No class	
29.11.2025	Saturday/Samstag	Jr. Fundamentals (Kids)	17	Donal, Victor	
		Fundamentals	20	Philipp L.	
01.12.2025	Monday/Montag	Fundamentals	5	Dani	
02.12.2025	Tuesday/Dienstag	Advanced - Program 2	---	Dani	Jiu-Jitsu Plus - striking (all levels)
03.12.2025	Wednesday/Mittwoch	Fundamentals	13	Richie	
04.12.2025	Thursday/Donnerstag	Advanced - Program 2	---	Marco	Open mat/sparring (all levels)
05.12.2025	Friday/Freitag	---	---	No class	
06.12.2025	Saturday/Samstag	Jr. Fundamentals (Kids)	18	Donal, Dani	
		Fundamentals	21	Dani	