

Jr. Fundamentals

No	Technique	Ref.	No	Technique	Ref.
1	Base Battle - Base	Game 7	22	Straight Armlock from guard (high var.9)	17
2	Positional Control (Mount) Spiderkid - Mount Control	3 Game 1	23	Double Ankle Sweep	18
3	Bulldozer - Modified Mount	Game 3	24	Pull Guard	19
4	Guard Crazy Legs - Guard Passing	Game 10	25	Headlock Escape 2 from Side <i>*Headlock Escape 3 from Side (Ball)</i>	20 ABB2 11
5	Trap & Roll Escape (Standard var.) Snake Bite - Trap & Roll Escape	1 Game 8	26	Rules of Engagement / Repeat previous techniques / Bully Battle <i>*Wrist Releases/Grip Fighting</i>	- ABB4 49
6	Americana Armlock	2	27	Shrimp Escape	21
7	Take the Back (Mount) Crazy Horse - Back Mount Control	4 Game 4	28	Kimura Armlock	22
8	Leg Hook Takedown	5	29	Standing Headlock Defense (front) <i>*Standing Headlock Defense 2 (rear)</i>	23 ABB1 51
9	Clinch (Aggressive Opponent) <i>*Over-Under Clinch (Pummeling)</i>	6 ABB1 57	30	Punch Block Series (Stage 5)	24
10	Punch Block Series (Stages 1-4) Guard Monster - Punch Block	7 Game 9	31	Hook Sweep	25
11	Trap & Roll Esc. (Punch Block Var) Shark Bite - Trap & Roll Escape	1 Game 2	32	Rear Takedown <i>*Under Arm Bear Hug Defense (Rear)</i>	26 ABB2 53
12	Straight Armlock - side variation	8	33	Haymaker Punch Defense <i>*Sucker Punch Defense</i>	27 ABB1 50
13	Rules of Engagement / Repeat previous techniques / Bully Battle <i>*Front Choke Defense (Var. 1, 4)</i>	- ABB2 50	34	Take the Back (Guard)	28
14	Elevator Sweep	9	35	Guillotine Defense Guillotine Choke	29 A23
15	Elbow Escape	10	36	Elbow Escape	30
16	Positional Control (Side Mount) Crocodile Control - Side Mount <i>*Knee on Stomach (Var. 1, 2)</i>	11 Game 6 ABB1 11	37	Standing Armlock <i>*Single-hand Collar Grab Def. (Var.1)</i>	31 ABB2 49
17	Body Fold Takedown <i>*Over Arm Bear Hug Def. (Rear)</i>	12 ABB2 52	38	Twisting Arm Control	32
18	Clinch (Conservative Opponent) <i>*Bear Hug Defense (Front)</i>	13 ABB2 51	39	Double Underhook Guard Pass	33
19	Headlock Counters	14	40	Rear Naked Choke (Mata Leão) <i>*Early Back Escape</i> <i>*Frame Escape</i>	A5 ABB1 40 ABB1 41
20	Double Leg Takedown Tackle the Giant - Double Leg Taked.	15 Game 5	41	Triangle Choke	A10
21	Headlock Escape 1 from Side (Shrimp)	16	42	Rules of Engagement / Repeat previous techniques / Bully Battle <i>*Rear Choke Defense</i>	- ABB1 52/53

Techniques with * and in cursive are optional/for students from grey belt and up