

Monthly Schedule/Monatsplan

Month/Monat	Okt 22
Gi/No Gi	Gi Gi: Jan, Feb, Apr, May, Sep, Oct, Dec No Gi: Mar, Jun, Jul, Aug, Nov
Focus/Fokus Adv.	Mount submissions

Date/Datum	Day/Tag	Class/Klasse	Lesson/Lektion	Instructor	Notes/ Kommentar
26.09.2022	Monday/Montag	Fundamentals	11	Dani	
27.09.2022	Tuesday/Dienstag	Advanced - Program 2	6	Dani	Principles 5: Creation
28.09.2022	Wednesday/Mittwoch	Fundamentals	23	Victor	
29.09.2022	Thursday/Donnerstag	Advanced - Program 2	6	Marco	
30.09.2022	Friday/Freitag	---	---	No class	
01.10.2022	Saturday/Samstag	Jr. Fundamentals (Kids)	18	Donal	
		Fundamentals	11/23	Marco/Donal	Special: 1st aid for self-defense
Weekend					
03.10.2022	Monday/Montag	Fundamentals	12	Dani	
04.10.2022	Tuesday/Dienstag	Advanced - Program 2	7	Pascal	
05.10.2022	Wednesday/Mittwoch	Fundamentals	1	Philip	
06.10.2022	Thursday/Donnerstag	Advanced - Program 2	7	Dani	
07.10.2022	Friday/Freitag	---	---	No class	
08.10.2022	Saturday/Samstag	Jr. Fundamentals (Kids)	19	Donal/Victor	School holidays begin
		Fundamentals	12/1	Philip	
Weekend					
10.10.2022	Monday/Montag	Fundamentals	13	Philip	
11.10.2022	Tuesday/Dienstag	Advanced - Program 2	7	Pascal	
12.10.2022	Wednesday/Mittwoch	Fundamentals	2	Dani	
13.10.2022	Thursday/Donnerstag	Advanced - Program 2	7	Donal	
14.10.2022	Friday/Freitag	---	---	No class	
15.10.2022	Saturday/Samstag	Jr. Fundamentals (Kids)	20	No class	School holidays
		Fundamentals	13/2	Donal	Jiu-Jitsu Camp in Villingen (DE)
Weekend					
17.10.2022	Monday/Montag	Fundamentals	14	Dani	
18.10.2022	Tuesday/Dienstag	Advanced - Program 2	8	Pascal	
19.10.2022	Wednesday/Mittwoch	Fundamentals	3	Philip	
20.10.2022	Thursday/Donnerstag	Advanced - Program 2	8	Victor	
21.10.2022	Friday/Freitag	---	---	No class	
22.10.2022	Saturday/Samstag	Jr. Fundamentals (Kids)	21	No class	School holidays
		Fundamentals	14/3	Dani	Planned: special guest TBD
Weekend					
24.10.2022	Monday/Montag	Fundamentals	15	Marco	
25.10.2022	Tuesday/Dienstag	Advanced - Program 2	8	Victor	
26.10.2022	Wednesday/Mittwoch	Fundamentals	4	Dani	
27.10.2022	Thursday/Donnerstag	Advanced - Program 2	8	Dani	Principles 6: Acceptance
28.10.2022	Friday/Freitag	---	---	No class	
29.10.2022	Saturday/Samstag	Jr. Fundamentals (Kids)	22	Donal/Victor	
		Fundamentals	15/4	Leuvon	Take downs/wrestling