

Monthly Schedule/Monatsplan

Month/Monat	Mär 26				
Gi/No Gi	No Gi	Gi: Jan, Feb, Apr, Mai, Sep, Okt, Dez		No Gi: Mar, Jun, Jul, Aug, Nov	
Focus/Fokus Adv.	Mount				

Date/Datum	Day/Tag	Class/Klasse	Lesson/Lektion	Instructor	Notes/ Kommentar
02.03.2026	Monday/Montag	Fundamentals	16	Philipp L.	
03.03.2026	Tuesday/Dienstag	Advanced - Program 3	---	Dani	Open mat/sparring (all levels)
04.03.2026	Wednesday/Mittwoch	Fundamentals	24	Marco	
05.03.2026	Thursday/Donnerstag	Advanced - Program 3	---	Dani	Striking - Kickboxing (all levels)
06.03.2026	Friday/Freitag	---	---	No class	
07.03.2026	Saturday/Samstag	Jr. Fundamentals (Kids)	27	Donal, Dani	
		Fundamentals	7	Philip H.	
09.03.2026	Monday/Montag	Fundamentals	17	Dani	
10.03.2026	Tuesday/Dienstag	Advanced - Program 3	3	Marco	Mount back door escape - slice 1
11.03.2026	Wednesday/Mittwoch	Fundamentals	25	Richie	
12.03.2026	Thursday/Donnerstag	Advanced - Program 3	3	Dani	Mount back door escape - slice 2
13.03.2026	Friday/Freitag	---	---	No class	
14.03.2026	Saturday/Samstag	Jr. Fundamentals (Kids)	28	Donal, Victor	
		Fundamentals	8	Philip H.	
16.03.2026	Monday/Montag	Fundamentals	18	Dani	
17.03.2026	Tuesday/Dienstag	Advanced - Program 3	3	Marco	Mount back door escape - drilling/sparring
18.03.2026	Wednesday/Mittwoch	Fundamentals	1	Richie	
19.03.2026	Thursday/Donnerstag	Advanced - Program 3	3	Dani	Striking - Kickboxing (all levels)
20.03.2026	Friday/Freitag	---	---	No class	
21.03.2026	Saturday/Samstag	Jr. Fundamentals (Kids)	29	Donal, Victor	
		Fundamentals	9	Victor	
23.03.2026	Monday/Montag	Fundamentals	19	Marcel	
24.03.2026	Tuesday/Dienstag	Advanced - Program 3	---	Philip H.	Open mat/sparring (all levels)
25.03.2026	Wednesday/Mittwoch	Fundamentals	2	Richie	
26.03.2026	Thursday/Donnerstag	Advanced - Program 3	---	Leuvon	Wrestling/Open mat/sparring (all levels)
27.03.2026	Friday/Freitag	---	---	No class	
28.03.2026	Saturday/Samstag	Jr. Fundamentals (Kids)	30	Donal, Victor	
		Fundamentals	10	Victor	
30.03.2026	Monday/Montag	Fundamentals	20	Philipp L.	
31.03.2026	Tuesday/Dienstag	Advanced - Program 3	4	Dani	Mount shadow counters - slice 1
01.04.2026	Wednesday/Mittwoch	Fundamentals	3	Richie	
02.04.2026	Thursday/Donnerstag	Advanced - Program 3	4	Dani	Mount shadow counters - slice 2
03.04.2026	Friday/Freitag	---	---	No class	
04.04.2026	Saturday/Samstag	Jr. Fundamentals (Kids)	31	No class	Easter Weekend
		Fundamentals	11	No class	Easter Weekend